# Downtown Mental Health Clinic Reporting Unit: 34185

# **Summary Data**

|                              | FY 04-05 |
|------------------------------|----------|
| Average Monthly Caseload     | 466      |
| <b>Unique Clients Served</b> | 703      |

#### **Units of Service**

| Case Management/Brokerage            | 2,775   |
|--------------------------------------|---------|
| Mental Health Services               | 140,657 |
| Medication                           | 80,233  |
| Crisis Intervention                  | 1,320   |
| *Total Outpatient Services (Minutes) | 224,985 |
| Total MAA Minutes                    | 17,663  |

#### Service Payor Mix (%)

| Medi-Cal        | 46% |
|-----------------|-----|
| Other Insurance | 52% |
| No Coverage     | 2%  |

#### **List of Attachments**

**Definition of Terms** 

Demographic Tables

Unique Clients Served, Gender By Age

Unique Clients Served, Ethnicity By Age

Unique Clients Served, Preferred Language By Age

Unique Clients Served, Education By Age

Unique Clients Served, Living Situation By Age

Unique Clients Served, Employment Status By Age

Unique Clients Served, Primary Diagnostic Category By Age

Unique Clients Served With A Primary Mental Health Diagnosis and A Secondary Substance Use Disorder

Unique Clients Served, Admissions To Hospitals and Crisis Residential By Number Of Admissions

Unique Clients Served By Region Of Residence

<sup>\*</sup>Figures obtained from the PSP354 report, run date 7/18/2005

## **Downtown Mental Health Clinic**

Fiscal Year 2004-2005 Reporting Unit: 34185

Unique Clients Served, Gender By Age

|        | 18-22 | 23-59 | 60+ | Total |
|--------|-------|-------|-----|-------|
| Female | 9     | 285   | 21  | 315   |
| Male   | 13    | 348   | 27  | 388   |
| Total  | 22    | 633   | 48  | 703   |

# Unique Clients Served, Ethnicity By Age

|                      | 18-22 | 23-59 | 60+ | Total |
|----------------------|-------|-------|-----|-------|
| African American     | 1     | 97    | 4   | 102   |
| Amerasian            | 1     | 3     |     | 4     |
| Asian Indian         |       | 1     |     | 1     |
| Cuban                |       | 1     | 2   | 3     |
| Filipino             |       | 6     |     | 6     |
| Iranian              | 1     | 1     |     | 2     |
| Iraqi                |       | 1     |     | 1     |
| Korean               |       | 1     | 1   | 2     |
| Mexican Amer/Chicano | 3     | 50    | 2   | 55    |
| Native American      |       | 2     |     | 2     |
| Other                | 1     | 9     |     | 10    |
| Other Asian          |       | 3     |     | 3     |
| Other Hispanic       | 2     | 21    |     | 23    |
| Other Non-White      |       | 2     |     | 2     |
| Pacific Islander     |       | 2     |     | 2     |
| Unknown              |       | 18    | 1   | 19    |
| Vietnamese           |       | 1     |     | 1     |
| White                | 13    | 414   | 38  | 465   |
| Total                | 22    | 633   | 48  | 703   |

## **Downtown Mental Health Clinic**

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#### Unique Clients Served, Living Situation By Age

|                              | 18-22 | 23-59 | 60+ | Total |
|------------------------------|-------|-------|-----|-------|
| Adult Residential Facility   |       | 4     |     | 4     |
| Alcohol Abuse Facility       |       | 2     |     | 2     |
| Community Treatment Facility |       | 1     |     | 1     |
| CRTS (Long-Term Temporary)   |       | 1     |     | 1     |
| Drug Abuse Facility          |       | 1     |     | 1     |
| Group Home                   |       | 1     |     | 1     |
| Group Quarters               |       | 11    |     | 11    |
| Homeless, In Transit         | 1     | 14    |     | 15    |
| Homeless, No Residence       |       | 62    | 7   | 69    |
| House or Apartment           | 10    | 189   | 17  | 216   |
| House with required support  |       | 5     |     | 5     |
| House with some support      | 4     | 80    | 6   | 90    |
| JPS Alt >=7 Beds             |       | 5     |     | 5     |
| Justice Related              | 3     | 32    | 2   | 37    |
| Large Board & Care           |       | 1     |     | 1     |
| Lives Alone                  |       | 30    | 5   | 35    |
| Lives with Family            |       | 21    | 2   | 23    |
| Lives with Others            |       | 6     |     | 6     |
| Lives with Relatives         |       | 1     |     | 1     |
| Mental Health Rehab. Center  | 1     |       |     | 1     |
| Other                        |       | 18    | 3   | 21    |
| Residential Treatment Center |       | 4     | 1   | 5     |
| Single Room                  |       | 15    |     | 15    |
| Small Board & Care           |       | 1     |     | 1     |
| Supported Housing            |       | 5     | 1   | 6     |
| Temporary Arrangement        | 1     | 6     | 1   | 8     |
| Unknown                      | 2     | 117   | 3   | 122   |
| Total                        | 22    | 633   | 48  | 703   |

# **Downtown Mental Health Clinic**

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# Unique Clients Served, Preferred Language By Age

|                      | 18-22 | 23-59 | 60+ | Total |
|----------------------|-------|-------|-----|-------|
| English              | 22    | 577   | 41  | 618   |
| Filipino Dialect     |       | 2     |     | 2     |
| Other                |       | 4     |     | 4     |
| Portuguese           |       | 2     |     | 2     |
| Sign Language        |       | 2     |     |       |
| Spanish              |       | 30    | 5   | 5     |
| Tagalog              |       | 1     |     |       |
| Unknown/Not Reported |       | 15    | 2   | 2     |
| Total                | 22    | 633   | 48  | 703   |

# **Unique Clients Served, Education By Age**

|                    | 18-22 | 23-59 | 60+ | Total |
|--------------------|-------|-------|-----|-------|
| None, Kindergarten |       | 5     |     | 5     |
| Elementary         |       | 13    | 6   | 13    |
| Junior High        | 1     | 41    | 1   | 43    |
| High School        | 16    | 290   | 19  | 325   |
| College            | 5     | 251   | 20  | 276   |
| Graduate School    |       | 25    | 1   | 26    |
| Unknown            |       | 8     | 1   | 9     |
| Total              | 22    | 633   | 48  | 703   |

#### San Diego County Mental Health Services Fiscal Year 2004-2005

#### Downtown Mental Health Clinic Reporting Unit 34185

## Unique Clients Served, Employment Status By Age

|  | 18-22 | 23-59 | 60+ | Total |
|--|-------|-------|-----|-------|
| Competitive Job Market, 20-35 hours per week   |       | 1     |     | 1     |
| Competitive Job Market, 35 hours per week      | 1     | 10    |     | 11    |
| Competitive Job Market, 20 hours/less per week |       | 7     |     | 7     |
| Not in labor force                             | 6     | 111   | 13  | 130   |
| Not seeking work                               |       | 2     |     | 2     |
| Other  |       | 1     |     | 1     |
| Rehabilitative work, 20 hours/less per week    |       | 1     |     | 1     |
| Rehabilitative work, 35 hours/more per week    |       | 1     |     | 1     |
| Retired  |       |       | 3   | 3     |
| Seeking work                                   |       | 5     |     | 5     |
| Training, full-time                            | 1     |       |     | 1     |
| Unknown  | 14    | 492   |     | 506   |
| Volunteer work                                 |       | 2     | 32  | 34    |
| Total  | 22    | 633   | 16  | 671   |

#### **Downtown Mental Health Clinic**

Fiscal Year 2004-2005 Reporting Unit: 34185

#### Unique Clients Served, Primary Diagnostic Category By Age

|   | 18-22 | 23-59 | 60+ | Total |
|---|-------|-------|-----|-------|
| Adjustment Disorders                    |       | 8     |     | 8     |
| Anxiety Disorders                       | 3     | 52    | 3   | 58    |
| Attention Deficit Hyperactive Disorders |       | 1     |     | 1     |
| Bipolar Disorders                       | 3     | 112   | 10  | 125   |
| Depressive Disorders                    | 10    | 240   | 23  | 273   |
| Other or Unknown                        | 1     | 15    |     | 16    |
| Other Psychotic Disorders               | 1     | 30    |     | 31    |
| Schizophrenic Disorders                 | 1     | 141   | 12  | 154   |
| Substance Use Disorders, Alcohol        | 1     | 10    |     | 11    |
| Substance Use Disorders, Other          | 2     | 24    |     | 26    |
| Total                                   | 22    | 633   | 48  | 703   |

# Unique Clients Served With A Primary Mental Health Diagnosis and A Secondary Substance Use Disorder

|                                  | Substance  | Substance  |       |
|----------------------------------|------------|------------|-------|
|                                  | Use        | Use        |       |
|                                  | Disorders, | Disorders, |       |
|                                  | Alcohol    | Other      | Total |
| Adjustment Disorders             | 2          | 1          | 3     |
| Anxiety Disorders                | 5          | 8          | 13    |
| Bipolar Disorders                | 9          | 32         | 41    |
| Depressive Disorders             | 30         | 57         | 87    |
| Other or Unknown                 | 7          | 13         | 20    |
| Other Psychotic Disorders        |            | 6          | 6     |
| Schizophrenic Disorders          | 8          | 22         | 30    |
| Substance Use Disorders, Alcohol | 4          |            | 4     |
| Substance Use Disorders, Other   | 1          | 10         | 11    |
| Total                            | 63         | 148        | 211   |

#### **Downtown Mental Health Clinic**

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## Unique Clients Served, Admissions To Hospitals and Crisis Residential By Number Of Admissions

|              | *Hospital | Crisis Residential |
|--------------|-----------|--------------------|
| 1 Admission  | 15        | 19                 |
| 2 Admissions | 1         | 6                  |
| 3 Admissions | 2         | 3                  |
| 4 Admissions | 1         | 3                  |
| 5 Admissions |           | 1                  |

<sup>\*</sup>Medi-Cal and SDCPH hospitalizations during case management episode

#### **Unique Clients Served By Region Of Residence**

|               | Unique Clients |
|---------------|----------------|
| Central       | 531            |
| East          | 27             |
| North Central | 56             |
| North Coastal | 4              |
| North Inland  | 6              |
| Other         | 38             |
| South         | 22             |
| Unknown       | 19             |
| Total         | 703            |

# San Diego County Mental Health Services Fisdcal Year 2004-2005

Downtown Mental Health Clinic Reporting Unit: 34185

05-06 Baseline Budget for Reprocured Program

\$1,012,784